

## What is Nutritional Supplement?

Nutritional Supplement drinks provide complete balanced nutrition for everyday health. Ready to drink, with at least 220 calories per 250 milliliters, assorted flavors and diabetic Nutritional Supplement are available. A one-time Nutritional Supplement Physician Order Form is required indicating the need and recommended quantity. The participant may receive up to two cases per month.

## Who qualifies for Nutritional Supplement?

- Participant experiencing wasting (loss of 10% body mass in the last 60 days).
- Participant with severe dental or gum problems that prevent chewing.
- Participant with a condition that requires protein supplement.
- Participant with swallowing problems that prevent achieving adequate weight.
- Participant with a medical condition that cannot maintain adequate weight.

#### Not for tube-fed participants or participants with adequate weight.

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1/5/16

## How does a case manager authorize Nutritional Supplement?

- 1. Identify a need and ensure Nutritional Supplement is on the service plan.
- 2. Forward a *Nutritional Supplement Physician Order Form* to the physician listed in the participant's Phoenix file.
- 3. Complete prior approval for the Nutritional Supplement upon receipt of the signed *Nutritional Supplement Physician Order Form* indicating *Medically Necessary* (authorization cannot exceed 2 cases).
- 4. Secure 5 choices from the participant using the Provider Choice Form for Nutritional Supplement.
- 5. Create a referral in Phoenix for Nutritional Supplement. Note the flavor the participant prefers and how many cans per day are needed.
- 6. Approve acceptance of the referral when notified.
- 7. Contact the provider and the participant to negotiate a start date and create authorization.
- 8. Monitor monthly.

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